

## LMS Wellness

### Team Sports Rubric

Football, Soccer, Lacrosse, Volleyball, Basketball, Floor Hockey, Frisbee, Handball

Standard	4	3	2	1	0
<b>19</b> <b>Acquire movement skills and understand concepts needed to engage in health-enhancing physical activity.</b>	Student demonstrates advanced knowledge and skills of the learning standard.	Student demonstrates mastery of knowledge and skills of the learning standard.	Student demonstrates foundational knowledge and skills of the learning standard with support. (possible instructional support)	Student progresses towards understanding the learning standard and requires guidance and support.	Student does not provide evidence to assess understanding of the learning standard.
<i>a.</i> <i>Demonstrate physical competency in individual and team sports, creative movement and leisure and work-related activities.</i>	<i>Demonstrates physical competencies that go above and beyond what was taught in the class, within team sports.</i>	<i>Demonstrates proficient knowledge of complex physical competencies with no major errors within team sports.</i>	<i>Demonstrates proficient knowledge of simple physical competencies but Needs assistance for limited complex understandings within team sports.</i>	<i>Demonstrates basic knowledge of physical competencies within team sports.</i>	<i>Does not demonstrate any knowledge of physical competencies within team sports.</i>
<i>b.</i> <i>Analyze various movement concepts and applications.</i>	<i>Analyze Movement concepts that go above and beyond what was taught in class, within team sports.</i>	<i>Demonstrates proficient knowledge of complex movement concepts with no major errors within team sports.</i>	<i>Demonstrates proficient knowledge of simple movement concepts but Needs assistance for limited complex understandings within team sports.</i>	<i>Demonstrates basic knowledge of movement concepts within team sports.</i>	<i>Does not demonstrate any knowledge of movement concepts within team sports.</i>
<i>c.</i> <i>Demonstrate knowledge of rules, safety and strategies during physical activity.</i>	<i>Demonstrate knowledge of rules that go above and beyond what was taught in class, within team sports.</i>	<i>Consistently demonstrates proficient knowledge of team sports rules with no major errors.</i>	<i>Needs assistance to demonstrate proficient knowledge of team sports rules with no major errors.</i>	<i>Demonstrates basic knowledge of rules within team sports.</i>	<i>Does not demonstrate any knowledge of rules within team sports.</i>

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Standard	4	3	2	1	0
<p><b>21</b>  <b>Develop team-building skills by working with others through physical activity.</b></p>	<p>Student demonstrates advanced knowledge and skills of the learning standard.</p>	<p>Student demonstrates mastery of knowledge and skills of the learning standard.</p>	<p>Student demonstrates foundational knowledge and skills of the learning standard with support. (possible instructional support)</p>	<p>Student progresses towards understanding the learning standard and requires guidance and support.</p>	<p>Student does not provide evidence to assess understanding of the learning standard</p>
<p><i>a.</i>  <i>Demonstrate individual responsibility during group physical activities.</i></p>	<p><i>Demonstrates individual responsibility that goes above and beyond what was taught in the class during team sports.</i></p>	<p><i>Demonstrates individual responsibility of complex skills with no major errors within team sports.</i></p>	<p><i>Demonstrates individual responsibility of simple skills but needs assistance with complex skills within team sports.</i></p>	<p><i>Demonstrates basic knowledge of individual responsibility during team sports.</i></p>	<p><i>Does not demonstrate any knowledge of individual responsibility during team sports.</i></p>
<p><i>b.</i>  <i>Demonstrate cooperative skills during structured group physical activity.</i></p>	<p><i>Demonstrates cooperative skills during team sports that goes above and beyond what was taught in the class.</i></p>	<p><i>Demonstrates cooperative responsibility of complex skills with no major errors within team sports.</i></p>	<p><i>Demonstrates cooperative responsibility of simple skills but needs assistance with complex skills within team sports.</i></p>	<p><i>Demonstrates basic knowledge of cooperative responsibility during team sports.</i></p>	<p><i>Does not demonstrate any knowledge of cooperative Responsibility during team sports.</i></p>